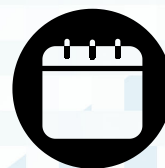




Off-Screen Time: *How to Guide Your Child*

Effect of screen time on kids
Tips to reduce kids' screen time
Creative off-screen ways to spend time



January 30, 2024

1pm-1:45pm

Presented by CHAC Clinician:
Momachi Martinson

Scan QR code for Zoom link

