

# CHAC



2014 - 2015  
**Annual Report**  
COMMUNITY HEALTH AWARENESS COUNCIL

## EXECUTIVE DIRECTOR



Dear CHAC Friends and Supporters:

Thank you for all of the warm greetings and welcome that you have extended to me as I begin my tenure as the new Executive Director for CHAC. I know that I come to a community that is invested in ensuring that all members have the opportunity to thrive and grow in a safe and nurturing environment. I look forward to meeting and working with all of you.

Thank you to Monique Kane for her many years of dedicated service to CHAC. As CHAC's leader for many years, she has seen the agency through tremendous growth. I know that she will be greatly missed and again express our appreciation for her service.

As we look forward to the future, I am excited to look at opportunities to strengthen partnerships to better serve our community, as well as continue to be innovative and responsive to meet the changing needs of our community. CHAC is fortunate to have compassionate, experienced, and skilled staff who are dedicated to fulfilling the mission of CHAC – to help create healthy lives for children and families.

Thank you again for your past support of CHAC and I ask for your continued support as we work together to create a strong and healthy community.

Respectfully,  
*Naomi Nakano-Matsumoto*, LCSW

---

## CHAIR, BOARD OF DIRECTORS



I believe that our community is a better place because CHAC is in our schools and offers mental health counseling to anyone and everyone – regardless of their ability to pay. When I hear about a person doing harm to themselves or others in our country – I always wonder if an earlier intervention in their lives would have made a difference. I hear stories of adults that come back to CHAC to say that CHAC saved their lives. I appreciate that our local parents, cities and schools had the foresight 42 years ago to form CHAC as a response

to concerns about drug and alcohol use among the youth, and am grateful that CHAC has evolved to “provide alternatives to self-destructive behavior and to help create healthy lives for the children and families of Mountain View, Los Altos, Los Altos Hills, and surrounding communities.” Although I will miss Monique Kane’s leadership, I am looking forward to working with Naomi Nakano-Matsumoto as our new Executive Director.

*Sandy Bergan*

# ORGANIZATIONAL DESCRIPTION

Community Health Awareness Council (CHAC) began as a grass-roots movement in 1973, led by parents and community leaders concerned about the growing problem of adolescent alcohol and drug abuse in Mountain View, Los Altos, and Los Altos Hills. The original partnership (Joint Powers Agreement, or JPA) included the governments of these three cities and their respective school districts. The seven Joint Powers Agreement partners provided the initial funding for CHAC services. Since then, the demand for, and variety of, CHAC's services have grown considerably. Today, the majority of program funds are raised through service contracts, Joint Powers Agencies, and donations from individuals, corporations, local businesses, churches, service clubs, and foundations.

CHAC's programs address a wide range of emotional and social problems affecting children and teens and their families. These problems include academic pressure, bullying, drug and alcohol abuse, physical and psychological abuse, depression, anxiety, self-esteem issues, teen pregnancy and truancy, domestic violence, gang participation, suicidal ideation, economic hardship, and more. CHAC's programs are designed to protect young people from high-risk behaviors while building the personal assets that correlate with future success and well-being. These assets include: communication skills, good decision-making, developing emotional intelligence, appreciation for diversity, and the ability to delay gratification.

CHAC is proud to have on staff highly regarded clinical staff of Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), and Clinical Psychologists. In addition, our administrative staff have both nonprofit-management experience and clinical expertise. Collectively, the administrative staff represent over 50 years of nonprofit-management experience.

## Statement of Philosophy

At CHAC we believe in the value of each individual, the importance of the family, and the necessity of community.

## Mission Statement

The Community Health Awareness Council exists to provide alternatives to self-destructive behavior and to help create healthy lives for the children and families of Mountain View, Los Altos, Los Altos Hills, Sunnyvale and the surrounding communities.

## Core Values

- Empathy - All who come to CHAC for assistance are treated with dignity, respect, and empathy.
- Healthy Families - CHAC's services focus on developing healthy families, including the growth and stability of each member and of the family as a whole.
- Healthy Lifestyles - CHAC promotes healthy lifestyles through a comprehensive approach to mental health. Counseling, therapy, parent education, and community awareness education are offered along with programs for prevention of and intervention in substance abuse.
- Availability of Services - CHAC is committed to offering programs and services to children, youth, and families without regard to their ability to pay. Thanks to our JPA funding, school-based services continue to be offered at no charge.
- Diversity - CHAC values the diversity of the communities served and does not discriminate.
- Collaboration - CHAC believes that collaboration with other organizations is needed to meet the complex needs of our communities. Innovative and creative ideas are always welcome.
- Professionalism - CHAC expects a high degree of professionalism and integrity from staff, board members, and interns. Open communication and willing cooperation are used in day-to-day operations and problem-solving.
- Fiscal Responsibility – Fiscal responsibility is CHAC's standard in every endeavor.

# CHAC SERVICES

CHAC provides services at our clinic at 590 W. El Camino Real in Mountain View and at other venues throughout the community. At our clinic, we offer counseling and therapy for children, teens, adults, and families. These services are available on a sliding fee scale, so no one is turned away for inability to pay.

A very important part of CHAC is the service we provide, at no charge, at 33 local elementary, middle, and high schools. On campus we offer individual counseling, therapy, and a variety of programs for students and their families.

Other CHAC programs, groups, and classes – such as our Family Resource Center, Blossom Project, Parent Education classes, and the Spanish-language women’s group take place at various community locations.

The following list briefly describes each of CHAC’s programs and services:

**Individual Counseling/ Therapy:** CHAC provides direct counseling for children on 33 local school campuses and counseling and therapy at our local clinic locations. The overall service goal is to help our youth develop positive attitudes, skills, and behaviors and learn to avoid high-risk choices and behaviors. Each student or family’s circumstances and needs are evaluated and addressed individually. MFT and Ph.D. Interns on campus weekly to work with students or families referred by the school or parents or self-referred. Both short-term and long-term counseling and therapy are provided.

**Crisis Counseling:** Counseling available during and after school hours to provide immediate help at school sites with crisis situations (e.g., severe trauma to or death of a member of the school community, suicidal student, child abuse). When a crisis occurs, CHAC is available to respond quickly as needed.

**Just for Kids:** A “living skills” program for third grade



students that teaches healthy ways of coping with family and environmental pressures. Just for Kids encourages self awareness, self confidence and teaches healthy coping skills. The program takes place on school campuses during the lunch hour, with parental request and permission.

**Tween Talk!:** Lunchtime groups provided for fifth and sixth grade students focusing on healthy choices regarding issues that matter to them such as self-esteem, friendships, identity, choices, and life skills at an age appropriate level. The program takes place on school campuses during the lunch hour, with parental request and permission.

**Teen Talk!:** Lunchtime groups provided for middle and high school students focusing on healthy choices regarding issues such as drugs and alcohol, stress and coping, body issues, peer pressure, violence, relationships, resiliency, and life skills at an age appropriate level. The program takes place on school campuses during the lunch hour, with parental request and permission.



**The Village Program:** An intensive and collaborative team approach to counseling on the campus of Landels Elementary School. The program includes individual and group counseling, counseling support for teachers and staff, parent support and liaison, and tailored classroom interventions upon the teachers’ request (e.g., anti-bullying, building empathy, anger management, etc.).

**Well Within:** An intensive outpatient program for teens affected by substance use/abuse and for their families. Using established therapeutic approaches; Well Within helps teens build the skills and confidence needed to create a healthy life. Teens discover healthy alternatives to drug and alcohol use, positively impacting the family and community, as well as their own lives. Well Within includes individual therapy; support/education groups when available, consultations, parent coaching and education,

## CHAC SERVICES

family therapy, clean and sober events and outings, and an optional relapse prevention group. Well Within accepts referrals from all sources including schools, therapists, doctors, rehabilitation centers, and the community.

**Blossom Project:** Blossom Program: A program that addresses teen pregnancy and parenthood. Blossom offers group, family, and individual therapy. It provides a safe space for teens to build supportive relationships, work through challenges, and gain important skills to problem solve. Blossom also emphasizes the importance of education, supporting efforts to graduate and enroll in college. The aim of the program is to encourage healthy relationships and positive behaviors, reduce repeat pregnancies, and to promote educational advancement.

**The Competency Development Services Program (CDS):** CHAC's collaboration with the Santa Clara County Probation Department. CDS provides individual and/or family counseling for juveniles who receive citations by police officers in Palo Alto, Los Altos, Mountain View, Cupertino and Sunnyvale. The program targets early offenders in an informal supervision process, during which a probation officer assesses each youth's situation and determines appropriate services. CDS provides early intervention for the youth in an effort to prevent their further involvement with the law.

**Latino/Bilingual Counseling, Outreach, and Support:** CHAC provides culturally competent Bilingual/Spanish services to the large community of Latinos in the area. Bilingual/Spanish services are provided in-house and on school campuses. The services include counseling and psychotherapy for children, youth, adults, and families. Issues addressed are depression, anxiety, acculturation stress, domestic violence, bullying, gang and substance abuse related issues, economic hardship, parenting challenges, and relationship issues among others.



We also offer parenting classes, peer counseling and leadership training, and psychotherapy groups for free or at a very low cost to support the emotional needs of Latino, primarily immigrant, individuals and their families.

**Family Resource Center (FRC's):** CHAC, in partnership with FIRST 5 Santa Clara County, offers programs at multiple



Family Resource Centers. These programs help parents and other caregivers understand the developmental and social-emotional aspects of the early years of life. Key areas promoted are: parenting resources, skill building, early literacy & language development, health & nutrition, and community connection. All classes, events and individual consultations foster ways of

building/maintaining a healthy connection between parent and child and increasing resilience in the family. When parents are involved in educational opportunities when



their children are young, they are more likely to stay involved as the child grows. Through programming at our Family Resource Centers and selected off-site locations, families meet and interact with each other, reducing the sense of isolation, and increasing the support they have in the community. Program services also include positive parenting skills designed to address needs of school-aged children. Family Resource Center staff trains a dedicated group of volunteers - many who have started as participants - who continue to carry out our vision to encourage further community involvement.

# CHAC SERVICES

**Parent Education Program:** Parenting classes focused on parents of adolescent and teens, especially parents of strong-willed or out of control teens. A series of seven 2-hour positive discipline classes are offered each quarter. A variety of parenting classes and support groups for parents of infants, preschoolers, toddlers, children, and adolescents, in both English and Spanish are also offered through other programs.



**Drug, Alcohol, and Suicide Assessments:** On-site drug, alcohol, and suicide risk assessment as requested by the school; referrals made as appropriate.

**Assessment Clinic:** CHAC's assessment clinic operates under the direction of our chief psychologist and team, who supervise all the assessments. The assessment clinic employs state-of-the-art batteries of tests to evaluate learning disabilities, attention, memory, and language difficulties, and emotional problems. We put together a written report and consult with the client to answer questions and provide direction for the problems being considered. The clinic is suitable for children over the age of 5, adolescents, and adults.

## Intern Training Program

CHAC enjoys an outstanding reputation for quality intern training in the South Bay Area. It is a placement of choice for 15 local colleges and universities for students completing MFT or Ph.D. licensing requirements, as well as for master's level Social Workers doing their field placement requirements. Each year, over 80 graduate interns are accepted into CHAC's Intern Training Program. These Interns, chosen for their competence, compassion, and integrity, represent all ages and cultural backgrounds. The

interns work at CHAC's clinic in Mountain View and are assigned to one of the 33 local schools CHAC serves. The total value of their internship time is well over \$400,000 each year.

In 2014, the doctoral internship program received coveted designation as an APA accredited internship site by the American Psychological Association. The accreditation required extensive documentation of the quality of our training, the breadth and diversity of the intern experience, and our emphasis on treatments supported by evidence. This accreditation will be a big plus for our doctoral-level interns, and, in addition, adds to the status of our training program as a whole.

CHAC's APA internship also includes a Latino Track. This track funds students who are bilingual and have a focus on working with children, youth, and families of Latino ethnicity. This track includes the training of bilingual practicum students and MFT interns. Students work with monolingual clients, and in addition, with bilingual clients who can benefit from therapy conducted by a student-therapist familiar with the relevant cultural differences and impacts.

CHAC is committed to training our interns to apply evidence-based tools wherever possible in their work with clients, and to assess efficacy on an on-going basis.



# HOW DID WE DO THIS PAST YEAR

## Evaluation Results:

Evaluation by quantitative and qualitative measures continues to demonstrate the effectiveness of our programs.

We continue to evaluate the impacts of our elementary school counseling using the Classroom Rating Scale. This test asks teachers to evaluate children before and after counseling in terms of classroom behavior, academic motivation, social skills, and an overall impression. The results consistently show that most students show statistically significant improvements on this questionnaire. What this tells us is that teachers perceived positive change which is very likely the result of CHAC counseling and therapy.

This year we are continuing and expanding our use of the OQ measures of mental health. Each CHAC therapist inputs results into a computer data-base. We are going to start employing this measure on a monthly basis. The results will show us month-to-month changes in such things as anxiety level, depression, aggression, and other mental health concerns, and will inform the therapist how the client is doing during the course of treatment in a more continuous fashion.

We began to use the PFAS (recently re-named from Problem-Focused to Issue-Focused Assessment Scale for Children and Adolescents or IFAS) two years ago. This test measures changes in the specific issues kids are being treated for during their work with a CHAC therapist. The therapist takes into account reports from teachers and parents, when possible, in addition to the behavior and mood of the child as perceived by the therapist. We are seeing very significant improvements over the course of therapy on the order of 15-30%. Across all schools close to 80% showed at least a 20% improvement. We are very encouraged by these findings.

In addition to the above, we continue to find ways to use different measurement tools to determine how well our programs are working and to fine-tune what we do. Some of these instruments include the Coopersmith Self-Esteem Inventory, the Connors, and the Brown.

Each of our psychoeducational interventions, the Just for Kids program and the Teen and Tween Talk programs use pre and post questionnaires to assess what kids have learned from participation in these programs. All these programs show significant learning has taken place during the course of the interventions.

## Services Provided:

### Prevention Plus:

- Of the 3,881 students in the Mountain View/Los Altos Union High School District, CHAC provided 3,694 hours of direct service to 408 students and their families.
- Of the 4,675 students in the Los Altos School District, CHAC provided 4,282 hours of direct service to 488 students and their families.
- Of the 5,065 students in the Mountain View-Whisman School District, CHAC provided 7,311 hours of direct service to 989 students and their families.
- Of the 6,787 students in the Sunnyvale School District, CHAC provided 7,288 hours of direct service to 936 students and their families.

### Village Wellness:

- CHAC provided 7,545 hours of direct service to 919 local youth and families.

### Competency Development:

- CHAC provided 632 hours of direct service to 95 local youth.

### Well Within:

- CHAC provided 797 hours of direct service to 97 local youth.

### Family Resource Center:

- CHAC provided 17,097 hours of direct service to 15,212 infants, toddlers and their families.

A detailed demographic profile of all CHAC clients served during this past year can be found in this Annual Report.

# WHO DID WE SERVE?

## July 1, 2014 - June 30, 2015

	Village Wellness	Family Resource Centers	Well Within	Competency Development	Prevention Plus	Total	%
<b>Clients Served:</b>	919	15212	97	95	2821	19144	100%
<b>Sex:</b>							
Male	253	3316	37	53	1339	4998	26%
Female	556	11440	50	42	1247	13335	70%
Transgender	0	0	0	0	0	0	0%
Unknown	110	456	10	0	235	811	4%
<b>School Grade:</b>							
Pre-School	9	3499	0	0	91	3599	19%
Elementary School	56	0	1	0	1396	1453	8%
Middle School	55	0	2	28	530	615	3%
High School	58	0	21	51	366	496	3%
Adults	737	9127	65	16	10	9955	52%
Not Specified	4	2586	8	0	428	3026	16%
<b>Ethnicity:</b>							
Asian	52	6085	2	8	418	6565	34%
African-American	18	2	3	3	63	89	0%
Caucasian	372	1217	62	15	871	2537	13%
Hispanic/Latino	462	6237	15	69	946	7729	40%
Native American	3	0	0	0	6	9	0%
Not Specified	12	1671	15	0	517	2215	12%
<b>City of Residence:</b>							
Los Altos	31	4	24	0	361	420	2%
Mountain View	366	4564	40	12	965	5947	31%
Sunnyvale	128	4259	9	77	767	5240	27%
Palo Alto	156	304	2	6	25	493	3%
Los Altos Hills	5	0	4	0	64	73	0%
Other	233	6081	18	0	639	6971	36%
<b>Family Income:</b>							
Under \$35,000	349	3546	2	0	2	3899	20%
\$35,000 - \$65,000	172	4259	15	0	6	4452	23%
Over \$65,000	160	0	66	0	4	230	1%
Not Specified	238	7407	14	95	2809	10563	55%
<b>Hours of Service:</b>	7545	17097	797	632	22575	48646	100%



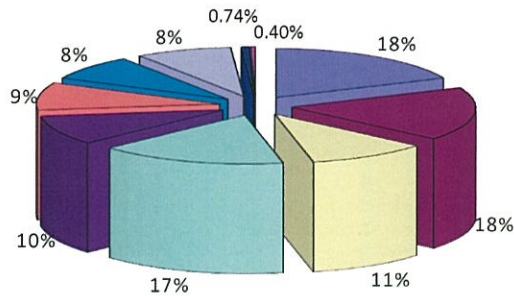
# REVENUES AND EXPENSES

## COMMUNITY HEALTH AWARENESS COUNCIL REVENUES AND EXPENSES (July 1, 2014 - June 30, 2015)

### REVENUES:

	Amount	Percentage
FIRST 5	\$551,885	18.32%
In-kind Volunteers & Supplies	\$532,068	17.66%
Corporate & Foundation Grants	\$320,400	10.64%
Government Grants/Contracts	\$497,840	16.53%
Joint Powers Agencies	\$293,886	9.76%
Private Contracts	\$276,607	9.18%
Individual Contributions	\$249,932	8.30%
Program Service Fees	\$255,753	8.49%
Other Income	\$22,188	0.74%
Special Events	\$11,971	0.40%
<b>TOTAL:</b>	<b>\$3,012,530</b>	<b>100.00%</b>

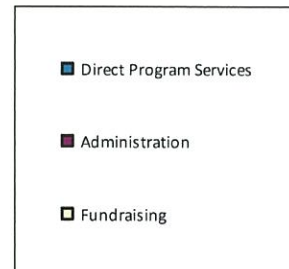
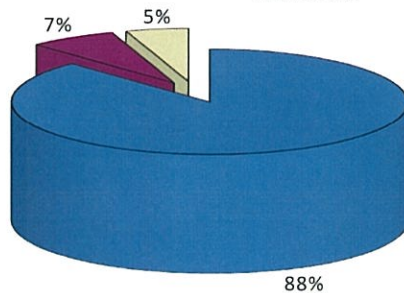
REVENUES



### EXPENSES:

	Amount	Percentage
Direct Program Services	\$2,512,103	90.95%
Administration	\$204,488	7.40%
Fundraising	\$145,433	5.27%
<b>TOTAL:</b>	<b>\$2,862,024</b>	<b>100.00%</b>

EXPENSES



# DONORS/FUNDERS

## Legacy Society Members

(Those who have made a planned gift)

Anonymous  
Earl and Helen Connolley  
Ken Kaye and Dianne Gershuny  
Kim and Sue Graham  
Ben Maiden  
Wally and Joan MacDonald  
F. Paul Schutz  
Ruth Sherer  
Katrina Smathers  
Dan and Pat Tellep  
Pat Tellep  
Mary Lou Zoglin

## \$10,000 Plus

### Funders

El Camino Healthcare District  
FIRST 5 Santa Clara County  
Kaiser Permanente  
Leo M. Shortino Family Foundation  
Leslie Family Foundation  
Sand Hill Foundation  
Sobrato Family Foundation  
The Daniel Rosenblatt Foundation

### Organizations

Kiwanis Club of Mountain View  
Los Altos Town Crier Holiday Fund  
Mountain View Voice Holiday Fund  
Ross Stores Foundation  
Yellow Chair Foundation

### Individuals

William and Janice Anderson  
Anonymous Donor  
Gita and Prabandham Gopal  
Ruth Sherer  
Jean and Lucian Taylor  
Dan Tellep

## \$5,000 - \$9,999

### Organizations

Foothills Congregational Church UCC  
Highfield Foundation  
Los Altos Rotary Endowment Fund  
Mountain View Center for the Performing Arts

### Individuals

James and Alice Cochran  
Bill and Danielle James  
The Kaplan Family  
The Krause Foundation

## \$2,500 - \$4,999

### Funders

Dudley-Vehmeyer-Brown Memorial Foundation

### Organizations

California Water Service Company  
Mountain View Rotary Club  
Silicon Valley Community Foundation  
Sunnyvale Rotary Club

### Individuals

Robert and Mona Armistead  
George and Susan Crow  
Reba and Robert Fournier  
Kim and Susan Graham  
Bill Heinz and Monique Kane  
Jeffrey Mayer and Elizabeth Tacy Witter  
Iris and Tom Moran  
Mary Rees  
Terri Rose  
George and Leanne Stanley  
Marie and Cary Young  
Geoffrey Dolan and Nicolette Zarday

## \$1,000 - \$2,499

### Organizations

Christ Episcopal Church of Los Altos  
Darelicious  
Kiwanis Club of Los Altos  
Los Altos Community Foundation  
Michael and Ina Korek Foundation  
Recology Mountain View  
Stephens Green  
Yahoo Employee Foundation

### Individuals

Samuel and Ana Abbey  
William and Marian Abbott  
Robert and Lois Adams  
Bruce Barsi and Suzanne DeLaCruz  
Sandra Bergan

David and Anne Bernstein  
David and Patricia Bubenik  
Richard and Susan Cohen  
Bruce Cozadd

Christopher Dolan  
William and Virginia Dolan  
Phil and Sheila Faillace  
James and Charlene Geers

Dianne Gershuny  
Nan and Charles Geschke  
Patricia Greenhood  
Judy Hannemann

Sam and Janet Harding  
Dotty and Terry Hayes  
Lin He

Vagn and Hilda Jensen  
Donna and William Krepick  
Peter and Sue LaTourrette  
Joan MacDonald

Judy Moss  
Clyde and Lois Noel  
Vicki and Terry Oldberg  
Jeff and Trudy Palmer  
Leonard Radzilowski

Margie Rauch  
Carol and Keateing Rhoads  
Susan and David Russell  
Megan Satterlee and Clay Schluchter  
Paul Schutz

Susan and Bryan Sweeley  
Niki Theil  
George and Stephanie Tyson  
Sankar and Mita Venkatraman

## \$500 - \$999

### Organizations

Guittard Chocolate Company  
Italian Catholic Federation Branch #186  
Quota International of Mountain View/Los Altos  
RM Professional Services, Inc.

### Individuals

Wyatt and Alisanne Allen  
Anonymous  
Norman and Ann Barsi  
Martin Gorfinkel and Wren Clark  
John Dilley

Gordon and Jane Haddow  
Roy and Janet Hayter  
Lisa Hills

Marcel Janssens  
John and Virginia Kavanaugh  
Hala and Jochen Kleinknecht  
Paul and Leslie Kraus

William Lambert  
George and Ann Limbach  
Marilyn McKinney  
Steve Nelson

Mary Nichols  
Paul and Liz Nyberg

Tim Petersen  
Guadalupe Romo  
Sally Ryan  
Lynda Sanders  
James and Andrea Sandstrom  
Cynthia Sauln  
Nelda Campbell Stease  
Clint and Judy Steele  
Douglas and Julia Scott  
Stewart Kirtz and Sally Schuman  
Steven and Valerie Taglio  
Wesley Tanaka  
Walt and Liz Wilson  
Lucy and Dan Zemanek

## \$100 - \$499

### Organizations

Clean Solar, Inc.  
Covenant Presbyterian Church  
Cupertino Co-Op Nursery School  
Oak Avenue Elementary PTA  
Prochnow Realtors, Inc.

### Individuals

Patricia Allan  
Sheila Arevalo  
Dan and Leslie Armistead  
Kathy Asmussen  
Susan August

Amy and Kern Beare  
Ginger and John Beman  
Morton and Constance Besen  
Ganesh Bhat  
Lyle Bickley

Ed Perry and Laurie Bonilla  
Serge Bonte  
Andrew and Karen Border  
Peter and Ann Bjorklund  
Carolyn Boak

Janny Bosen  
Peter and Margaret Brooks  
Jane Bryan-Jones  
Oscar and Kimberly Castro  
Beverly Cooke

Kimberly Copher  
Judith Crates  
Brothers of Holy Cross  
Dolores Chasuk  
Kevin and Veronica Chiapello

Albert Clancy  
Chris Clark  
Betsy Collard  
James and Dee Cunningham

Clara and Tim Daniels  
Chris and Mary Dateo  
Arthur and Eugenie Deex  
Ralph and Lorraine Del Prete  
Susan Denison

Samuel DeHaven  
Claudia Hevel and Stanley Doty  
Johanna and Gregory Doyas  
Dick and Faith Duhring  
Kevin and Robin Duggan

Merry Lee Eilers  
Robert Reay and Judith Fan  
Norman and Rosine Ferber  
Larry and Carol Fisher  
Jean and Steve Fraguaglia

Nicholas and Rebecca Galiotto  
Paul Southworth and Mira Geffner  
Paul and Carole Goldstein  
Sharon Greenstein  
Barry Groves

Caroline Gupta  
Richard Harman

Toyo and Maria Harnoto  
Cathleen Harris  
Sheryl Heckmann  
Gary and Patricia Hedden  
Alan and Anita Herrmann  
Leelane and Frederick Hines  
Sheila Hodgkinson  
Robert and Stacy Hoffman  
Steve and Cathy Hope  
Sara Jenez  
Sam Johnson  
Robert and Rita Johnson  
Roger Kao  
Hiroji Kariya  
Bruce and Twana Karney  
Lisa and Mike Kasperzak  
Lester and Mary Kaye  
Janice and Edson Kerswill  
Carita Klewickis  
Tim Knight  
Raquel Koken  
Mary Takahashi and Karl Kramer  
Barton and Elizabeth Lane  
Betty Latta  
Roy and Penny Lave  
King and Ginny Lear  
Jeannie Lee  
Sandra Lee  
Douglas and Ginger Levick  
Benjamin Lipson  
Steven and Judith Lipson  
Andrew and Becky Logan  
Julie Lovins  
Manuel Lozano  
Betty Mackey  
Ben Maiden  
Joann McCrea  
Bill McClintock  
Linda Miller  
Pamela and Richard Montgomery  
Thomas and Diane Mooney  
Fr. Robert Moran  
Jean and Barbara Mordo  
Paige Muret  
Kathleen Nahman  
Warren and Ann Nelson  
Anita and Leslie Nichols  
David Offen and Gail Nyhan  
Percival Pascua and Erlina Febre-Pascua  
Roland and Kay Payne  
Amy Pearl  
Joan Phelan  
Benjamin and Susanna Picard  
Thomas and Carol Platner  
Gail Prager  
Jan and Jill Prahm  
Robert and Joan Rabin  
Phyllis Reed  
Robert and Patricia Reed  
Elisabet Revilla  
Diana Ritter  
Rose Roachell  
Maria Carmen Roman  
Judith Rosado  
Randi Ross  
Saran Saund and Denise Sacks  
Perfecto and Maria Santiago  
Jere Schaefer  
Susan Schaps  
Bill and Vi Schick  
Rachel Scott  
Edward and Jane Seaman  
John and Sheila Serviss  
Moira Simunovich

# DONORS/FUNDERS

Pranab and Vineeta Sinha  
Raymond Skitt  
Gary and Kay Slutzky  
David and Lenelle Smith  
Fred and Catherine Smith  
Marilynn Smith  
Robert and Frances Stainton  
Susan Staley  
Laura Stefanski  
Robert Stutz  
Larry and Vicki Sullivan  
Dennis and Jan Switick  
Marjorie Taylor  
Mary Thomas  
Randy Tomer  
Fritz and Nomi Trapnell  
Brandy Vanderheiden  
Noreen and Vic Van Duzer  
Joel and Roberta Varney  
Frank and Marian Verlot  
Shawn and Rachel Villaron  
Josette Villasenor  
Catherine Vonnegut  
Gary and Barbara Waldeck  
Jennifer Wanner  
William Warren  
Ellen Wheeler and Kenneth Pier  
Mary and Larry White  
Patricia and Edward White  
Larry and Judy William  
Dianne and David Willwerth  
Jack Wong  
Delia Ybarra  
Jeff Yoakum and Cindy Gonzalez-Yoakum  
**Unders \$100**

## Organizations

D&M Promotions  
**Individuals**  
Mary Anderson  
Richard Arakawa  
Karla Arevalo  
Roman and Joanna Beyer  
Albert and Natalie Bivas  
Milo and Cabalce  
Patricia Campbell  
Margaret Capriles  
June Casey  
Elisabeth and David Caulkins  
Kitty Chiu  
Helen Connolley  
David and Judy Conrad  
Keith Cook  
Ann Coombs  
Jose Cruz  
Nancy DeRoche  
R. Stanley and Linda Dickinson  
Sharon Dolan  
Beth Eilers  
Kristin Einberger  
Esther and David Ellis  
Barbara Emerich  
Colette Fujimoto  
Vince Gabrielsen  
Irene Garrett  
Andrea Gemmet  
Rosemary Generali  
Christophe Gimmler  
Jana Gold  
David and Shirley Gomez  
Daniel and Olivia Haley  
William and Jean Harris  
Mary Lee and Charles Hilly  
Raashina Humayun  
Natalie Johnson  
Henry and Elizabeth Kancler  
Kimberly Kane

Judith Karas  
Carrie and James Laffen  
Carol Langston  
A. Christopher and Pam Lehner  
Deveda and Ernest Littauer  
John and Nancy Lovett  
Chris and Mary Lykke  
Pete and Julie Mahowald  
Mary Mason  
Anne Mayo  
Pat McCrea  
Sharyl Montague  
Sheri Morrison  
Lindsey Overstreet  
Sue Peck  
Anna Petro  
Rebecca Elliot and Tom Redfern  
John and Jane Reed  
Catherine Rodriguez  
Anthony Ross  
Elizabeth Sain  
Denise and Lee Salin  
Mary Lou Salazar  
Linda Saltzer  
Raana Shahbazian  
Jim and Marge Shively  
Leslie Sims  
Mary Ann Solie  
Lester and Mary Jo Spring  
Kathy Strickland  
Kathy Sulaver  
Sarah Swetka  
Lewis and Ann Throop  
James and Emily Thurber  
Fred Van Aken  
Kathleen Virmani  
Anette Voges  
Helen Walter  
Celia White  
Robert and Beverly Wiedeman  
Gary Williams  
Sue Ellen Wise  
Joshua Wolf  
Helen Wolter  
Sara Woodhull  
George Wortiska  
Charles Wynn  
Stuart Yusem  
Fan Zhang  
Kathryn Zoglin

## In Kind

**Organizations**  
BarbHunt Solutions  
CHASE Bank  
Chef Chu's  
Como Esta Taqueria  
Costco  
DeMartinis Orchard  
ECO Lube Center  
Hobee's California Restaurants  
Kelly Paper  
Morocco's Restaurant Mountain View  
Safeway El Camino Real  
Safeway Miramonte  
Safeway Shoreline  
Scott's Mountain View LLC  
Stuart Rental Company  
Silicon Valley Council of Nonprofits

## Individuals

Nancy Bartlett  
Eve Carlson  
Fred and Cathy Crook  
Kelly Koken  
Robin Iwai  
Joan MacDonald  
Andrea Lewak and Kaari Peterson

# STAFF & BOARD

## Executive Director

Naomi Nakano-Matsumoto, LCSW

## Administrative Staff

Mayra Alcantar, Receptionist  
Loren Barragan, Office & IT Manager  
Kimberly Kane, Finance Assistant & Public Relations Manager  
Cynthia Martinez, Receptionist  
Patricia Mendoza, Receptionist  
Linda Miller, MA, MFT, Associate Director, Administration/CFO  
Sally Schuman, Executive Assistant & Special Projects Manager  
Paul Schutz, MA, MFT, CFRE, Associate Director, Development & Fund-Raising

## Associate Directors, Clinical Services

Radha Jagannathan, MA, LMFT  
Stewart Kiritz, Ph.D., Director of Training  
Carol Mellberg, MA, LMFT, ATR-BC

## Clinical Supervisors

Rosine Ferber, Ph.D., LMFT, ATR-BC  
Jeanette Glasser, LCSW  
Michelle Manning, MA, LMFT  
Margaret Nettles, Ph.D.  
Elisabet Revilla, Ph.D., Program Director, Bilingual Services

## Program Directors

Shannon Fitzpatrick, MA, IMF, Program Director, Just for Kids/Tween Talk/Teen Talk  
Veronica Foster, MA, LMFT, Program Director, Well Within  
Maddi Pascua, MA, ATR, Program Director, FIRST 5  
Diana Ritter, MA, LMFT, Program Director, Competency Development Services

## Staff

Karla Arevalo, Community Worker, FIRST 5  
Rashmi Chidanand, Ph.D., Special Ed Counselor  
Nancy Doan, Community Worker, FIRST 5  
Jill Garcia, MA, LMFT, Alcohol & Drug Counselor, Intake Counselor, Parent Education Coordinator  
Valentina Helo, IMF, Lead Counselor, Castro School  
Carlos Jalpa, Bilingual Counselor, Latino Program  
Ana Moreno, Community Worker, FIRST 5  
Carmen Roman, Ph.D., Assistant Director, Latino Program, CAP Counselor  
Maria Guadalupe Romo, Community Worker, FIRST 5  
Josune Sullivan, IMF, MV High School Counselor  
Nora Takieddine, IMF, Special Ed counselor  
Terri Rose, MA, Lead Counselor  
Jeanette Santana, Community Worker, FIRST 5  
Ana Valle, MA, FRC Administrator/Volunteer Coordinator, FIRST 5  
Brandy Vanderheiden, MA, LMFT, FRC Manager, FIRST 5  
Lin Xu, MA, Community Worker, FIRST 5

## Board of Directors

Sandy Bergan, Chair  
Judy Crates, Vice-Chair  
Vicki Oldberg, Treasurer  
Carol Rhoads, Secretary  
Bill James, Past Chair  
Margaret Abe-Koga  
Tori Bergeron  
Ginny Dolan  
Kathy Krueger  
Joan MacDonald  
Steve Taglio  
Saadia Aurakzai-Foster  
Chris Clark  
Phil Faillace  
Bill Lambert  
Jean Mordo  
Sankar Venkatraman  
Gary Waldeck

## Advisory Board

Mona Armistead  
Kevin Duggan  
Sam Harding  
Jean Hollands  
Liz Kniss  
Iris Moran  
Larry Chu  
Sue Graham  
Dick Henning  
Michael Kasperzak  
Sally Lieber  
Paul Nyberg  
Jeff Yoakum



**Strengthening Youth and Families through  
counseling, education, and support since 1973”**



COMMUNITY HEALTH AWARENESS COUNCIL

590 West El Camino Real  
Mountain View • California • 94040  
650•965•2020  
[www.chacmv.org](http://www.chacmv.org)