

**Community Health Awareness Council (CHAC) with the  
Mountain View & Los Altos Police Departments presents:**

# **Parenting Teens Class**

*Because the tougher it gets to be a kid...*

*the tougher it gets to  
be a parent!*



*The Parent Project® program  
with proven results, created by  
and for parents with strong-willed  
or at-risk teens*

**For every question you ask, we  
promise concrete answers:**

- *Never argue again with your child*
- *Improve school attendance and performance*
- *Recognize and intervene in alcohol and other drug use*
- *Prevent and intervene in gang and other high risk activities*

**CHAC PARENT  
PROJECT®  
12-WEEK PROGRAM  
LOS ALTOS  
SPRING SESSION  
MARCH 8 – JUNE 7,  
2010  
REGISTER NOW!**

For information please call:  
Dr. Martha Cravens at CHAC at  
650-504-6781 or email  
[marthacravens@hotmail.com](mailto:marthacravens@hotmail.com)

**Give 24 hours...  
It will change your life!**

**"This class has been a godsend! I now have the tools to deal with my situation. I will survive this teenager and he will survive his adolescence. Thank you for leading this class! "**

*~Parent Project Graduate from one of our previous classes*